

guidance

WELCOME

- 1) Your personal safety is our top priority.
 - ✓ Bullying is not tolerated at Somerset Academy.
 - ✓ Every student has a right to learn and be safe at our school.
 - ✓ If another student is purposely saying or doing mean things or things that make you feel uncomfortable, immediately report it to a teacher or to myself.
- 2) Organization is key.
 - ✓ Use your planner every day.
 - ✓ If you are not clear about an assignment, ask your teacher for clarification.
 - ✓ Make sure you put your homework assignments in the appropriate folders every night.
- 3) Making friends may take some time– but it will happen.
 - ✓ Treat others as you prefer to be treated.
 - ✓ SMILE - it's contagious!
 - ✓ Join a club or extracurricular activity.
- 4) Attendance is crucial to success in school.
 - ✓ Come to school on time and ready to learn every day.
 - ✓ Feed your body every morning– your mind will exercise all day.

Guidance and Counseling at a Glance

Creating open minds, inspiring respect, trust and confidence

Our school counseling program is essential for students to achieve optimal personal growth, acquire positive social skills, set appropriate career goals and realize full academic potential to become productive contributing members of our community, locally and globally. Support services are offered to all of our students, whether through

classroom visits, small groups or individual meetings.

It is imperative that students and parents become familiar with **Policy 6000.1** in order to understand the state standards which guide our promotion criteria. To learn more about Policy 6000.1, please visit www.browardschools.com.

There are various resources outside of our school which can be very useful to our students and their families. For a referral to an outside source, contact the Guidance Department.

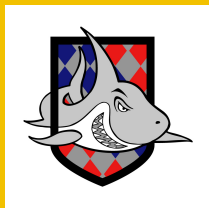
Middle school students and parents can benefit from exploring Advanced Placement options to prepare for high school and college. It's not too soon to become informed! Visit www.collegeboard.com.

If you have specific concerns you would like to address with the Guidance Counselor, please do not hesitate to call (305)829-2406, ext. 313 or email AStewart@somersetmiramar.com.

Just for you:

academic skills support
organizational, study and test-taking skills
education in understanding self and others
coping strategies
peer relationships and effective social skills
communication, problem-solving, decision-making and conflict resolution
career awareness, exploration and planning
substance abuse education
multicultural/diversity awareness

- individual and small group counseling
- individual/family/school crisis counseling
- peer facilitation
- consultation/collaboration
- referrals



By working together, we can make this an exciting and rewarding school year. I look forward to meeting each of you during class visits as well as through individual meetings, as needed. Please feel free to come by my (no-judging zone) office if there is anything I can do. I am here for each of YOU!

Respectfully and Sincerely,
Ms. Stewart

2011-2012